



## Histamine (Plasma)

Test Code 1136

<b>CPT CODE</b>	83088
<b>SPECIMEN REQUIREMENT</b>	
Type:	Plasma
Volume:	1 mL
Handling:	Collect 3 mL of blood in an EDTA tube (Lavender top). Cool immediately on ice. Centrifuge at 1500 rpm for 10 minutes at 4°C. The centrifugation should be performed within 20 minutes of collection. Carefully remove 1 mL of plasma from the upper part of the tube and transfer to a plastic vial and freeze.
Storage:	Frozen
Shipping:	Ship frozen <b>OVERNIGHT</b> on dry ice
<b>METHODOLOGY</b>	Enzyme Immunoassay
<b>SET-UP SCHEDULE</b>	Thursday
<b>STANDARD TURNAROUND TIME</b>	1-7 business days from receipt of specimen
<b>CLINICAL UTILITY</b>	<b>Sample preparation is critical</b> for this assay since spuriously elevated values may result from basophil release.
<b>STABILITY</b>	Not stable